

Jimmy Floyd Family Center

Hours:

Monday - Friday 6:00 a.m. – 9:00 p.m.

Saturday 6:00 a.m. - 7:00 p.m.

Sunday 1:00 p.m. – 5:00 p.m.

Call

453-4545

or come in anytime we are open and ask
for:

Cindy Baker Aquatics Director

or

Jeri Marshall Assistant Aquatics Director

Prices for swimming lessons for Summer
2010 are:

Members - \$50

Non-Members - \$60



There are 8 thirty minute classes
that meet Monday thru Thursday
per session.

Our instructors are WSI certified by the
American Red Cross.

Instructor to student ratio for Preschool
Aquatics and LTS Level 1 and Level 2 is
1 to 4.

The instructor to student ratio for LTS
Levels 3 and 4 is 1 to 5 or 1 to 6.

We strive to keep our classes small so
your child gets as much out of the classes
as possible.

**CALL CINDY OR JERI TO
SCHEDULE YOUR CLASS TODAY!
615-453-4545**

Please be sure to read the IMPORTANT
NOTE on the inside of this brochure.

Thank you for choosing the City of
Lebanon's Jimmy Floyd Family Center
for swim lessons.



**American
Red Cross**

Swimming Lessons

Taught at



Summer Schedule*

Session 1 June 7– 17 Register by: May 31

Eight 30 minute classes are scheduled between the hours of 8am and 10 am in the mornings and the hours of 5pm and 7pm in the evenings.

Session 2 June 21-July 1 Register by: June 14

Please call in advance to enroll in a class session. Registration and payment is due one week prior to the beginning of each session.

Session 3 July 5-15 Register by: June 28

Eight 30 minute classes are scheduled between the hours of 8am and 10 am in the mornings and the hours of 5pm and 7pm in the evenings.

Session 4 July 19-29 Register by: July 12

Please call in advance to enroll in a class session. Registration and payment is due one week prior to the beginning of each session.

Classes that meet one day per week may also be available. Call for days, dates, and time.

*Classes are subject to change depending upon demand.

The Jimmy Floyd Family Center offers American Red Cross Water Safety Instruction Classes including two levels of Parent and Child Aquatics; three levels of Preschool Aquatics and four levels of Learn to Swim lessons.

Parent and Child (PAC) - our Parent and Child Aquatics Classes, are primarily for children 6 to 24 months of age and their parents. These classes introduce basic skills to parents and children and teach parents how to safely work with their child in the water.

Preschool Aquatics – Primarily for children 3 to 5 years of age, these classes promote the developmentally appropriate learning of fundamental water safety and aquatic skills.

Learn to Swim (LTS) – Teaches aquatic and personal water safety skills in a logical progression.

LTS Level 1- Introduction to water skills and safety information

LTS Level 2- Fundamental Aquatic Skills and safety information

LTS Level 3 – Stroke Development

LTS Level 4 – Stroke Improvement

LTS Level 5-6 – Call the Aquatics Dept.

IMPORTANT NOTE

We ask that all parents, grandparents, or guardians exit the pool area while classes are going on. This is so your child can get the most out of the class. We have found that having parents around the pool are a distraction to the children.

On the last day of class you are welcome to stay and see what they have learned. For your safety concerns all of our instructors have completed a 31 hour Water Safety Course and a 28 hour Life guarding class. There will be a minimum of 3 instructors in the water and a lifeguard on the stand or on deck.

Children should continue to take lessons until they are completely comfortable in the water and can swim a minimum of 50 yards on their front and back and can float on their back for two minutes. While sessions are designed to promote each swimmer through one level, it is not uncommon for a swimmer to need to repeat a level.

Please see the Aquatics Directors if you have any questions or concerns. We welcome your comments.